

# APRIL 2024 - IN-PERSON PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  EASTER MONDAY ALL SIMCOE COUNTY CAPC PROGRAMS & OFFICES ARE CLOSED	2	3	4	5
8	9	10	<b>11</b> Barrie Next Step & CAPC Little Learners @ Barrie Common Roof: 10:00am-11:30am  Barrie MotherCare & Baby Steps Nurture and Nourish @ Barrie Common Roof: 1:30pm-3:00pm	12
15	<b>16</b> Bradford MC/NS/CAPC in the Community @ Grocery Store Tour with Registered Dietitian 10:00am-11:30am	17	18	19
22	23	24	<b>25</b> Barrie Next Step & CAPC Breakfast Café @ Barrie Common Roof: 10:00am-11:30am  Barrie MotherCare & Baby Steps Snack and Chat @ Barrie Common Roof: 1:30pm-3:00pm	26
29	30			

## In-Person Program Information

*\*Reminder: CAPC Programming is for families with children up-to and including the age of 6 years. Registration is Required\**

### Little Learners- All About "Me"

Thursday, April 11<sup>th</sup> @ 10:00-11:30am

Barrie Common Roof Rooms A, B and C-165 Ferris Lane, Barrie

Registration Opens: Monday, April 1<sup>st</sup> @ 8:30am

Registration Closes: Monday, April 8<sup>th</sup> @ 4:30pm

### Nurture and Nourish- "Why Play?"

Thursday, April 11<sup>th</sup> @ 1:30-3:00pm

Barrie Common Roof Rooms A, B and C-165 Ferris Lane, Barrie

Registration Opens: Monday, April 1<sup>st</sup> @ 8:30am

Registration Closes: Monday, April 8<sup>th</sup> @ 4:30pm

### Grocery Store Tour with a Registered Dietitian

Tuesday, April 16<sup>th</sup> @ 10:00-11:30am

No Frills – 305 Barrie Street, Bradford

Registration Opens: Wednesday, April 3<sup>rd</sup>, 2024 @ 8:30am

Registration Closes: Wednesday, April 10<sup>th</sup> @ 4:30pm

### Breakfast Café- "Routines"

Thursday, April 25<sup>th</sup> @ 10:00-11:30am

Barrie Common Roof Rooms A, B and C-165 Ferris Lane, Barrie

**Community Partner:** Justine, PHN with the Simcoe Muskoka District Health Units Healthy Growth and Development program

Registration Opens: Monday, April 15<sup>th</sup> @ 8:30am

Registration Closes: Monday, April 22<sup>nd</sup> @ 4:30pm

### Snack and Chat- "Safe Sleep"

Thursday, April 25<sup>th</sup> @ 1:30-3:00pm

Barrie Common Roof Rooms A, B and C-165 Ferris Lane, Barrie

Registration Opens: Monday, April 15<sup>th</sup> @ 8:30am

Registration Closes: Monday, April 22<sup>nd</sup> @ 4:30pm

MC/BS = Pregnant or youngest child is under 1 year of age.

NS/CAPC = youngest child is between 1-6 years of age.

To Register for In-Person Programs please connect with the BIB Area Staff:

- Michael - [msfetkopoulos@catulpa.on.ca](mailto:msfetkopoulos@catulpa.on.ca) phone: (249) 535-4861
- Christina - [csmith@catulpa.on.ca](mailto:csmith@catulpa.on.ca) phone: (705) 715-7094

