



WHEN TRYING TO ACCESS SUPPORTS OR SERVICES, IT IS ALWAYS BEST TO APPROACH THE ORGANIZATION AS A PARTNER IN CARE FOR YOUR CHILD. HERE ARE SOME WEBSITES WITH GREAT RESOURCES FOR THESE AREAS



Rights = Power

With Power Comes
Responsibility!

HERE IS HOW YOU CAN HELP FOSTER SELF-ADVOCACY IN YOUR CHILDREN/LOVED ONES

It is also important to encourage children/young adults to be self-advocates. Here are some **general tips** to foster self-advocacy in children:

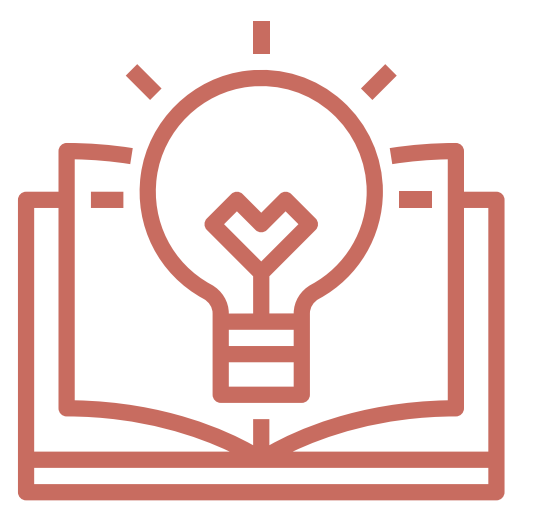
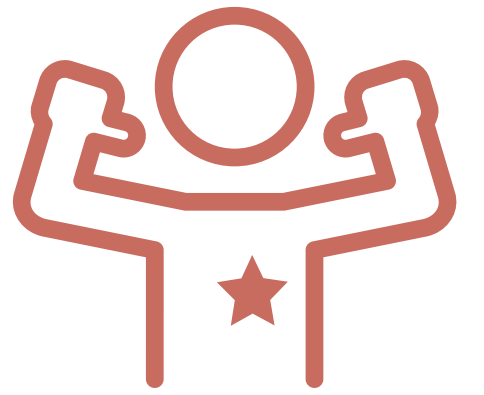
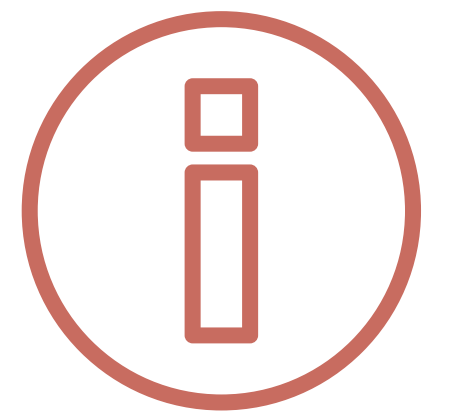
<https://hollandbloorview.ca/services/programs-services/transitions/bridging-adulthood-tip-sheets>

Building self-reliance is essential to support self-advocacy. You can find some examples to work on page 32-33 <https://yssn.ca/wp-content/uploads/2020/07/Connections-April-2012-Final1.pdf>

Keep learning new skills at every age <https://connectability.ca/wp-content/uploads/2014/04/STEPS-To-Independence.pdf>

Encourage them to practice self-advocacy in their school: <https://www.ctnsy.ca/News-Stories/Stories/Stories-Section/2021/Starting-High-School-Helpful-Tips-from-Students.aspx>

Empowering children to manage money will keep them safe in the future: <https://www.td.com/us/en/personal-banking/finance/abcs-of-money-management>



It is important to ensure you are communicating your needs clearly. Here are some tools to help you approach your service providers as a partner

Health



<https://ddprimarycare.surreyplace.ca>

Education



<https://socialskilled.ca/wp-content/uploads/2021/02/IEP-Tip-Sheet-3.pdf>

Finance



<https://www.ctnsy.ca/Online-Resource-Centre/Funding-Finance-and-Planning.aspx>



As a last resort: **The Ombudsman** is responsible for resolving complaints related to government services and supports.

The Ombudsman of Ontario is responsible for social services and education.

The Patient Ombudsman is responsible for healthcare services

Click The Names To Open The Websites!

